

**u3a**

**learn, laugh, live**

**Rutland u3a  
newsletter**

**June 2025**

Hi to everyone,

First of all, my thanks to Hedley for his service to the Rutland u3a as the Secretary, who has now stood down after the AGM.

Next point, as the AGM was held in June. All the people who stood for being on the committee have been elected to serve for the next year. This was after a second email to members reminding them to vote. Even so, only just over 200 of the 644 members cared to vote. I would hope in future all members vote on any item asked for, to give a good overall view of members thoughts.

The trip to the National Memorial Arboretum was enjoyed by those who went. I would like to pass on both my thanks and those of others who went, to Wanda for organising it.

Enjoy the weather and keep yourselves hydrated.

Stuart.



Keep in touch with your u3a:

<https://rutland.u3asite.uk/welcome/>

Facebook

Rutland U3a is also on Facebook: for all the latest news, click [Facebook](#).



This is your newsletter, so if you want to publicise your group and its activities, please let me know. Even if you do not need new members, in June give others ideas for groups they can set up.

Thank you to everyone who contributed to this month's newsletter.

Please send items for to Jill at [rutlandu3a.info@gmail.com](mailto:rutlandu3a.info@gmail.com) or via the website

**The final date for submissions is 20 July.**

# Rutland u3a newsletter

## June 2025

**Next monthly meeting - Thursday 3 July 2025**

**Doors open at 10am with tea or coffee available for purchase from the Victoria Hall; the price determined by the hall, and the talk starting at 10.30am**

**Speaker: Paddy Lampert**

Paddy studied Archaeology and Landscape History and has worked as a Project Officer at Oxford Archaeology since 2014. He has been involved in a wide range of projects covering all periods. Paddy specialises in the history and material culture of Roman Britain and has a deep knowledge of the Roman historic environment. A talented and experienced public speaker, Paddy provides talks and lectures on all aspects of the Roman world to professional and amateur bodies across the UK. Paddy is an Associate of the Chartered Institute of Archaeologists (ACIfA)

**The Talk: Priors Hall, Corby: Discovering the Roman roots of a new housing development**

Paddy directed the project which revealed and identified highly significant Iron Age and Roman archaeology. This had not been predicted before work on the site had begun. The quality and importance of this work led to the Priors Hall Project receiving the, "Rescue Project of the Year" award at the Current Archaeology awards in 2022.

The talk is free for members with new members welcome.



### Ad Hoc Dining

The next Ad Hoc dining meeting will be on Wednesday 16th July at 6.30pm at the Buttercross.

Everyone is welcome to join us for a meal and drink with friends but you must contact Diane or Helen in advance.

We can then confirm numbers with the Buttercross so then we can all be seated together!

Contact Diane or Helen if you would like to attend.

Diane Case 07887 990906

Helen Shea 07919 273192



# Rutland u3a newsletter

## June 2025



### Monthly Meetings

We hold a general monthly meeting open to **all** members on the first Thursday of each month. It is held in the Ballroom of the Victoria Hall, Oakham (39 High Street, LE15 6AH) and doors open at 10.00am for a 10.30 start. There is no charge to members for attending the meeting, and coffee and tea are available at a small charge.

A ramp is provided for access by wheelchair users located at the rear entrance of Victoria Hall in Church Street. A lift within the property provides easy access to the Ballroom, located on the 1st floor.

At each meeting we announce the latest notices for members and also have an invited speaker. These talks cover a wide variety of subjects of interest and usually finish between 11.30 and noon.

The monthly meetings provide an opportunity to talk to members of the Committee, group leaders and fellow members, as well as reviewing notices about groups and events on our notice boards.

Details of this months meeting appear earlier in this newsletter. The upcoming meetings are listed below but June be subject to change.

7 August	Alison Criado-Perez	Life as a Nurse with Medecins sans Frontiers
4 Sept.	Julie Kinnear	Coco Chanel
2 October	John Thomas	Rutland's Roman villa and mosaic- an update
6 Nov.	Susan Gossey	Policing and financial crime in Regency London

### 2026

8 Jan	Iain Betson	Cold War Broadcasting the Bunker
5 March	Ian Stebbings	American cultural influences on post war Britain

As we presently do not have a social team to organise outings, members may be interested in the outings run by Rutland Bus Trips: <https://www.rutlandbus.co.uk/excursionList>

Whilst these excursions would not be under the auspices of the u3a, they may be of interest to members or groups of members.

# Rutland u3a newsletter June 2025 - News from the Groups

## Groups seeking more members & new groups

Here is a list of **Groups seeking new members**. If you wish to join a group please send a message to the Group Leader by clicking on the group's link below. You will then be shown the group's page, which will include a link for sending a message to the group leader.

Detailed information about all of our groups is available on the Groups page on the Rutland u3a website at [this link](#).

[Church Visits Group](#) - please contact the Group Leader, Mary Wright

[Current Affairs 1](#) - please contact the Group Leader, Marlene Branagh

[Current Affairs 2](#) - please contact the Group Leader, Diana Mothersole

[English Country Dancing](#) - please contact the Group Leader, Pam Hornby

[Friday Scrabble Group](#) - please contact the Group Leader, Debbie Rose

[Indoor Bowls](#) - please contact the Group Leader, John Wilson

[Mah Jong](#) - please contact the Group Leader, Alan Costello

[Mindfulness](#) - please contact the Group Leader, Sushila Raja

[Ravens Walking Group](#) - please contact the Group Leader, Helen Czasznicka

[Scrabble Group 3](#) - please contact the Group Leader, Sue Powers

[Striders Walking Group](#) - please contact the Group Leader, Stewart MacDonald

[Tuesday Morning Walks](#) - please contact the Group Leader, Ros Kenny

## Requests have been received to set up the following new Groups: -

Antiques

Art Appreciation 4

Bridge for Beginners

Gardening

German

Music Appreciation

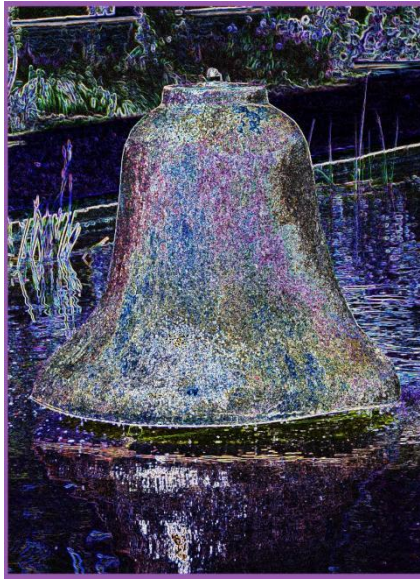
A second Photography Group

If you are interested in joining or setting up one of these groups then please send an email to Christopher Clark, the Groups Co-ordinator, via the [Contact](#) page on our website:

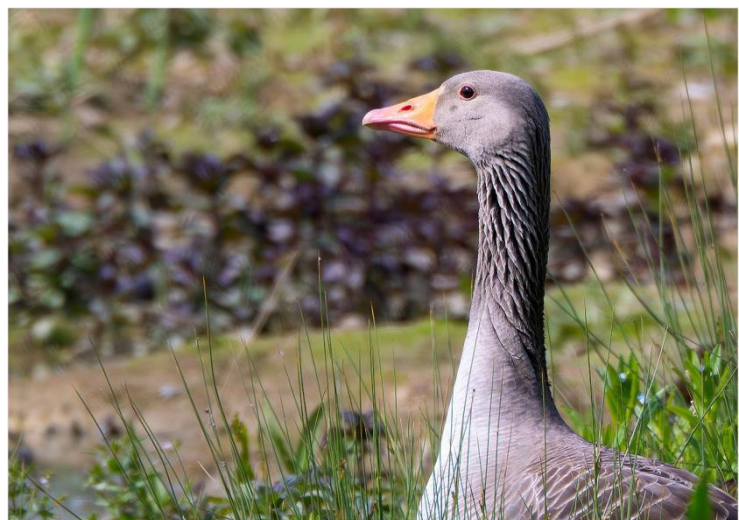
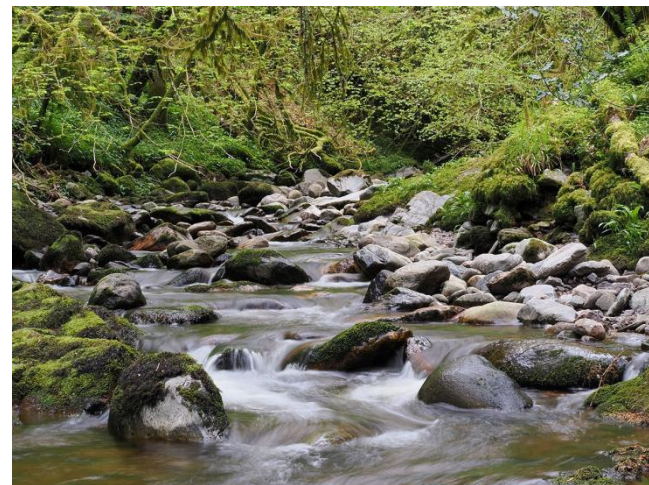
<https://rutland.u3asite.uk/>

# Rutland u3a newsletter June 2025 - News from the Groups

After a break last month when the group had a speaker, the photography group has submitted some interesting photographs from their last meeting.



# Rutland u3a newsletter June 2025 - News from the Groups



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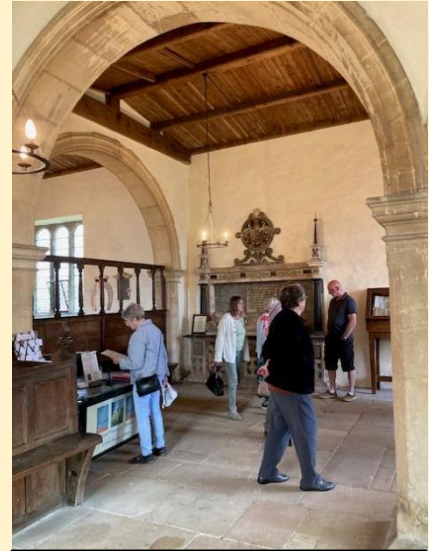
## U3a Church Visit Group to St Peter's Church, Brooke

**Wednesday 11th June 2025**

We had a wonderful introduction to St Peter's Church. Even the weather agreed with us that it was great. The sun shone brightly.

Brooke's churchwarden showed us around the interior, which included original Tudor features. The best-preserved Elizabethan church in the country, apparently.

We discovered a local legend. The reason for Brooke Church to be so perfect is that Cromwell left it alone. He bowed down to a greater authority – his girlfriend in the local manor. She asked him to spare it, and so he did. An interesting thought that a dictator has feelings!



A great Tudor interior, and to us modern folk a huge chancel area uncluttered with ornaments or even an altar. They use a marble table.



Graffiti dated 1664 16th March. Does anyone understand the odd symbol between the I and M? I would love to know what it means.

Liz arranged this visit, and she also made us two wonderful cakes. Thank you Liz from all of us. Both the cakes and the cups of tea were much appreciated. We enjoyed them a lot.

Needless to add, we all contributed to the church funds.

Next month, we are off to Market Overton. The date is Wednesday, July 9th.

I'll be in touch before this with further information.

Mary

# Rutland u3a newsletter

## June 2025 - Community News

### Oakham Twinning encourages French connection



For 38 years Oakham has been twinned with the German town of Barmstedt north of Hamburg. Barmstedt has itself also been twinned with the French town of Roissy-en-Brie, near Paris, for 45 years.

In May members of the Oakham and District Twinning Association travelled to Barmstedt to attend the celebrations of that milestone in Germany.

Now the committee in Roissy-en-Brie have invited the Oakham group to join in marking the anniversary in France over an official twinning weekend between 1 and 5 October.

Roissy can be reached by train from Paris's Gare du Nord, the station at which the Eurostar from London St Pancras arrives.



Chabe01, CC BY-SA 4.0 via Wikimedia

You do not already have to be a member of the Oakham and District Twinning Association in order to come on the trip. It is very much open to any local residents in or around Oakham.

To register an interest and to receive further details, please contact Julia Watson at [juliawatso@aol.com](mailto:juliawatso@aol.com) (note, no 'n').

Com77680, CC BY-SA 4.0 via Wikimedia Commons



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# RUTLAND INVITATION QUIZ LEAGUE

**Teams and single players wanted!**

General knowledge trivia quizzes taking place at venues in Rutland and Melton

- Set by a professional question setter
- Less than **£1** per player per game
- **Free** online taster quizzes

**Tuesdays @ 8PM  
September to March**

Contact  
[camra@riql.co.uk](mailto:camra@riql.co.uk)  
for more details

In association with  
**Rutland CAMRA**



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**FRIENDS OF  
BURROUGH**

**Saturday July 12<sup>th</sup> – St Mary's Church Burrough on the Hill, LE14 2JQ**

**Enjoy a wonderful evening of opera classics with**

# **Miranda Heldt**

**This beguiling lyric soprano will delight with a recital  
of her favourite arias from The Magic Flute,  
Idomeneo, La Bohème and more**



**£20**

**With concerto pianist Anne Bolt**

**Doors 6.30pm – 7.30pm start**

**Licensed cash bar**

**Tickets available from June at**

**[Friendsofburroughonthehill@gmail.com](mailto:Friendsofburroughonthehill@gmail.com)**

**All profits go to St Mary's Church, Burrough on the Hill**

# Rutland u3a newsletter

## June 2025 - Community News



'For Rutland' raises funds for Citizens Advice Rutland (Reg Charity No 1107907) to pay for Specialist Advisers who provide non-medical advice to people of all ages living with long-term health conditions in Rutland and the Surrounding Community.



**'For Rutland' is a fundraising group of Citizens Advice Rutland**

### **Beautiful garden and delicious tea all in a good cause**

The very talented team of For Rutland bakers will be once again serving up delicious teas at the National Open Garden Scheme event at Prebendal House on Sunday 27<sup>th</sup> July. The stunning garden is re-opening this year for visitors and the For Rutland volunteer team will provide homemade cakes, bakes and biscuits as well as serving teas and coffees to raise funds for Citizens Advice Rutland. It's expected that many visitors, eager to see the garden which has undergone a total redesign and transformation, will come along needing refreshment. The garden is open between 13:30 and 17:00 and tickets for the garden, which can be bought in advance from the NGS, cost £7.00 for adults and children are free.

For more details, see: <https://ngs.org.uk/gardens/prebendal-house-le15/> and [www.forrutland.org.uk](http://www.forrutland.org.uk)



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**A CALL FOR ARTISTS AND ART LOVERS**

**RUTLAND OPEN**  
**2025 ART**

EXHIBITION

**Sat 12 July**

**Sat 9 August**

An exhibition of artwork  
by artists from Rutland  
& surrounding counties

**Rutland  
County  
Museum**

Catmos Street, Oakham, Rutland LE15 6HW

**Open: 10am - 4pm Mon, Wed, Fri & Sat**

**Private View: Fri 11th July Time: 6-8pm**

**Prizes awarded during the evening**

For details on how to take part  
& for entry forms; please go to:

**[www.a4r.org.uk](http://www.a4r.org.uk)**

**Artwork available for sale**

Promoted by:



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**STARTS 4TH  
APRIL**

**FRIDAY**

**CAFÉ**

AT  
 **Oakham**  
BAPTIST CHURCH

**EVERY FRIDAY 1PM TO 3PM**

**EVERYONE IS WELCOME TO THIS  
COMMUNITY CAFE WHERE WE  
WILL PROVIDE A FREE LUNCH,  
CAKES & HOT DRINKS.**

- 1st** week of the month – Arty Friday
- 2nd** week of the month – Foodie Friday
- 3rd** week of the month - Special puddings  
+ Games Friday
- 4th** week of the month – Curry and Quiz Friday



## Rutland u3a newsletter June 2025 - Community News



# Free IT help!

Free “drop in” sessions from Age UK to help you use a smartphone, tablet, I-Pad or laptop computer.

Never used a computer?  
No problem!  
We can lend one to get you started!

Drop in for a chat with our friendly experts.

**10am to 12 noon**  
**the first 3 Thursdays each month**  
**At Oakham Library**  
**Catmose St, Oakham LE15 6HW**  
**NO NEED TO BOOK – JUST DROP IN!**

Age UK Leicester Shire & Rutland is a charitable company limited by guarantee and registered in England and Wales (registered charity number 1146649 and registered company number 7844309)

## Rutland u3a newsletter June 2025 - Community News



### Memory Support Lunches

Concerned about memory loss?  
Had a recent dementia diagnosis?  
Want to know more about caring for those with memory  
challenges?

Come along to a free dementia-friendly craft and chat session  
where you will meet others who have similar challenges.

Session will start with a welcome tea or coffee with biscuits,  
followed by a fun and accessible craft session - no experience  
necessary!

We will end with a light cold buffet-style lunch and plenty of time  
to chat and support each other.

Rutland Sailing Club, Edith Weston.

11-1 Tuesday mornings

17<sup>th</sup> June, 8<sup>th</sup> & 22<sup>nd</sup> July

To book or for more info, contact Sue on 07920 841058  
or [sue@rutlandcommunityventures.uk](mailto:sue@rutlandcommunityventures.uk)



# Rutland u3a newsletter - June 2025

2024/25

## Committee Members

### Chairman

Stuart Mason

### Company Secretary

Caroline Spark

### Treasurer

Keith Townsend

### Data Protection

Vacancy

### Groups Coordinator

Christopher Clark

### Membership Secretary

Janice Ferguson

### Speaker Secretary

Wanda Allen

### Social Secretary

Vacancy

## Committee advisers and helpers

### Publicity

Jill Stacey

### Minutes

Flic Brewster

### Website

Phil Grimley

### Hall set up and AV

Michael Seccombe

### IT

Mike Shea

Mike Pearson

Ted Philips

### Noticeboard

Caroline Stark

### New Member Support

Jane Gillon

### Printing

Margaret Macpherson